



Sunday 8th February 2026

10.30am Morning Worship

Mark 2: 18 – 3:6

Who is Jesus? The Lord of the law

Welcome, introduction and prayer

Words of greeting

You are a God who gives to us,

And we thank you.

You are a God who understands us,

And we thank you.

You are a God who always loves us,

And we have come to worship you today.

Song : You make me brave (video)

All age slot

Children go out to their groups

Confession and absolution

Lord God, we know we have fallen short.

We turn our backs when we could embrace.

We remain silent when we could speak.

We speak when we could listen.

We close the door when we could fling it wide open.

We judge when we could seek understanding.

We cling when we could give.

Forgive us, O God, and help us to continue to grow into the people you created us to be, through Christ our Lord. Amen.

Absolution

Bible Reading

Mark 2:18- 3:6

¹⁸ Now John's disciples and the Pharisees were fasting. Some people came and asked Jesus, "How is it that John's disciples and the disciples of the Pharisees are fasting, but yours are not?"

¹⁹ Jesus answered, "How can the guests of the bridegroom fast while he is with them? They cannot, so long as they have him with them. ²⁰ But the time will come when the bridegroom will be taken from them, and on that day they will fast.

²¹ "No one sews a patch of unshrunk cloth on an old garment. Otherwise, the new piece will pull away from the old, making the tear worse. ²² And no one pours new wine into old wineskins. Otherwise, the wine will burst the skins, and both the wine and the wineskins will be ruined. No, they pour new wine into new wineskins."

²³ One Sabbath Jesus was going through the grainfields, and as his disciples walked along, they began to pick some heads of grain. ²⁴ The Pharisees said to him, "Look, why are they doing what is unlawful on the Sabbath?"

²⁵ He answered, "Have you never read what David did when he and his companions were hungry and in need? ²⁶ In the days of Abiathar the high priest, he entered the house of God and ate the consecrated bread, which is lawful only for priests to eat. And he also gave some to his companions."

²⁷ Then he said to them, "The Sabbath was made for man, not man for the Sabbath. ²⁸ So the Son of Man is Lord even of the Sabbath."

3 Another time Jesus went into the synagogue, and a man with a shriveled hand was there. ² Some of them were looking for a reason to accuse Jesus, so they watched him closely to see if he would heal him on the Sabbath. ³ Jesus said to the man with the shriveled hand, "Stand up in front of everyone."

⁴ Then Jesus asked them, "Which is lawful on the Sabbath: to do good or to do evil, to save life or to kill?" But they remained silent.

⁵ He looked around at them in anger and, deeply distressed at their stubborn hearts, said to the man, "Stretch out your hand." He stretched it out, and his hand was completely restored. ⁶ Then the Pharisees went out and began to plot with the Herodians how they might kill Jesus.

Talk : Who is Jesus? The Lord of the law

**Songs : 10,000 Reasons (Bless the Lord)
Our God**

Intercessions and Lord's Prayer

**Our Father in heaven, hallowed be your name,
your kingdom come, your will be done, on earth as in heaven.**

Give us today our daily bread.

Forgive us our sins as we forgive those who sin against us.

Lead us not into temptation but deliver us from evil.

For the kingdom, the power and the glory are yours now and forever. Amen.

Song : The Blessing (Video)

Affirmation of faith

Do we believe and trust in God the Father,
source of all being and life,
the one for whom we exist?

We believe and trust in him.

Do we believe and trust in God the Son,
who took our human nature,
died for us and rose again?

We believe and trust in him.

Do we believe and trust in God the Holy Spirit,
who gives life to the people of God
and makes Christ known in the world?

We believe and trust in him.

This is the faith of the Church.

This is our faith.

**We believe and trust in one God,
Father, Son and Holy Spirit. Amen.**

Final prayer