

How to make Foam Flip Flops

You will need:

- 1 piece of A4 foam
- 1 pipe cleaner, cut in half
- Beads
- Scissors
- Pen or pencil



What to do:

1. Using your pen, draw around each foot on the foam and carefully cut out the shapes
2. Make a tiny cut at three points on the toe end of foot shape to allow the pipe cleaner pieces to be threaded through to form the top of the flip flop
3. If you wish, you can thread coloured beads onto the pipe cleaner to make your flip flops colourful
4. Secure pipe cleaners taking care that no sharp points are visible

Reflection: In Bible times, a person would offer their sandal when passing the right to redeem to another. We must remember that Jesus chose to redeem us, to rescue us.

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